



LEWIS COUNTY HEAD START

Family Together Calendar

October 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Look outside for 5 signs of Fall.	2 Draw a picture of your family.	3 Visit a local pumpkin farm or apple orchard.
4 Decorate pumpkins or make homemade apple sauce.	5 Find five orange items in your home.	6 Color a Fall picture for someone in your family. 	7 Practice manners at the dinner table.	8 Turn the lights off and make shadow puppets with flashlights.	9 Buy a new vegetable to try as a family.	10 Cuddle up with a blanket and read a few books together.
11 Play "follow the leader".	12 Call a friend and schedule a play date.	13 Help wash the dishes after dinner.	14 Find five items in your home that are rectangles.	15 Make a spider web using black paper and white chalk.	16 Go for a walk and watch the squirrels.	17 Have a fire drill. 
18 Go for a ride and find forest animals.	19 Try apple cider cold and hot. Which way do you like best?	20 Discuss safety while crossing the street with your child.	21 Turn on music and try to keep moving for a whole song!	22 Schedule an outdoor family photo shoot.	23 Make a grocery list of supplies needed to make cookies. (recipe on back)	24 Bake cookies and talk about measuring and mixing.
25 Make popcorn and have a family movie night. 	26 Plan a weekly menu and make a meal together.	27 Make your own sensory bucket filled with leaves, sticks, pine cones and corn kernels.	28 Help fold laundry.	29 Count ten pennies and put them in a piggy bank.	30 Paint leaves. (example on back)	31 Play dress up.

Oatmeal Chocolate Chip Cookies

Ingredients:

1 cup butter, softened
1 cup packed light brown sugar
1/2 cup white sugar
2 large eggs
2 tsp. vanilla extract
1 1/4 cups all-purpose flour
1/2 tsp. baking soda
1 tsp. salt
3 cups quick-cooking oats
1 cup semisweet chocolate chips



Directions:

-Preheat oven to 325 degrees.

-In a large bowl, cream together the butter, brown sugar, and white sugar until smooth. Beat in eggs one at a time, then stir in vanilla. Combine the flour, baking soda, and salt; stir into the creamed mixture until just blended. Mix in the quick oats and chocolate chips. Drop by heaping spoonfuls onto ungreased baking sheets.

-Bake for 12 minutes in the preheated oven. Allow cookies to cool on baking sheet for 5 minutes before transferring to a wire rack to cool completely.



Painting Leaves