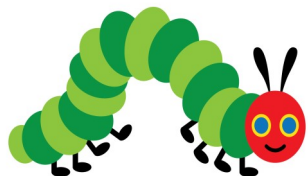
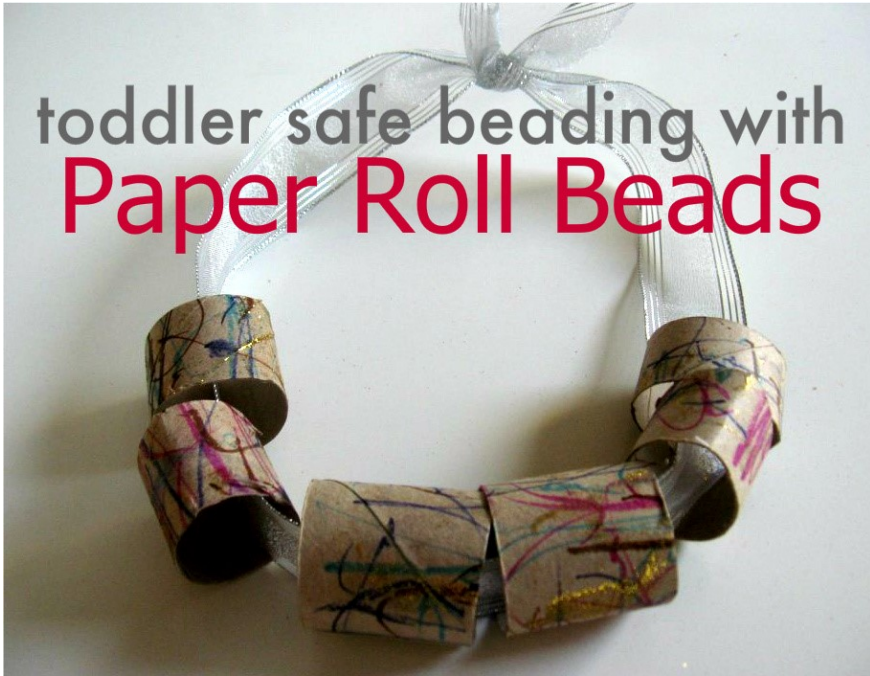


LEWIS COUNTY EARLY HEAD START
 EHS Family Togetherness
 September 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>Listen to music and have a dance party.</i>	2 <i>Have a picnic for Labor Day!</i>	3 <i>Draw outside with sidewalk chalk.</i>
4 <i>Read <u>Red Leaf, Yellow Leaf</u> or a book about leaves.</i>	5 <i>Sing "Twinkle Twinkle Little Star".</i>	6 <i>Visit the Story Walk @ the DEC.</i>	7 <i>Have your child fold washcloths.</i>	8 <i>Make a healthy meal together.</i>	9 <i>Make scented playdough. (recipe on back)</i>	10 <i>Look for caterpillars.</i>
11 <i>Read <u>The Very Hungry Caterpillar</u>.</i>	12 <i>Look for butterflies outside.</i>	13 <i>Have a family game night.</i>	14 <i>Blow bubbles and put toys in the tub during bath time.</i>	15 <i>Match things around the house by shape or color.</i>	16 <i>Make stringing beads from toilet paper rolls. (picture on back)</i>	17 <i>Visit your local library.</i>
18 <i>Read <u>Ten Apples Up On Top</u> or a book about apples.</i>	19 <i>Go outside and play.</i>	20 <i>Get a sunflower and pick the seeds out for the birds.</i>	21 <i>Play a matching game with socks.</i>	22 <i>Do a Fall scavenger hunt.</i>	23 <i>Celebrate the First Day of Fall!</i>	24 <i>Use laundry baskets as a car or fort.</i>
25 <i>Jump in piles of leaves.</i>	26 <i>Eat apples and peanut butter outside.</i>	27 <i>Make a person with leaves.</i>	28 <i>Walk to the park.</i>	29 <i>Play catch with a football.</i>	30 <i>Collect leaves. Find big, small and different shapes.</i>	

toddler safe beading with
Paper Roll Beads



Scented Playdough

3 cups Flour

1/2 cup Salt

1 tblsp. Cream of Tartar or Angel Cream

3 tsp. Pumpkin Pie Spice

3 tblsp. Oil

2 cups Boiling Water

** Mix all dry ingredients then add boiling water and oil.*